

## Irregular verbs 76–100 – Intermediate actions

	Base	Past Simple	Past Participle
76	cast	cast	cast
77	dig	dug	dug
78	cling	clung	clung
79	grind	ground	ground
80	leap	leapt	leapt
81	sting	stung	stung
82	spring	sprang	sprung
83	spit	spat	spat
84	sink	sank	sunk
85	swear	swore	sworn
86	bend	bent	bent
87	kneel	knelt	knelt
88	spread	spread	spread
89	weep	wept	wept
90	arise	arose	arisen
91	swim	swam	swum
92	wind	wound	wound
93	shrink	shrank	shrunk
94	fling	flung	flung
95	creep	crept	crept
96	plead	pled/pleaded	pled/pleaded
97	withstand	withstood	withstood
98	rid	rid	rid
99	shed	shed	shed
100	sling	slung	slung